

VON ZEHN VIER

MONDAY
TUESDAY
WEDNESDAY
10AM - 4PM

von und mit
Veronika von Alis Z

genuss & durst

coffee and such

Espresso	
Double Espresso	4,00
Americano	3,50
Cappuccino	5,00
Flat White	5,50
Maria Theresia Coffee.....	7,50

naturkaffee obertrum
oatly oatmilk malinö
joya soy milk oberwart



latte & schoko

Zotter drink chocolate	6,50
Hot chocolate.....	6,50
with shot of rum (2cl)	8,50

Matcha Latte	6,50
Lavender Latte	6,50
Chai Latte	6,50
Turmeric Ginger Latte ..	6,50
Turmeric Vanilla Latte ..	6,50

+ dirty (espresso shot)..... 0,50

optional

iced

lavender syrup
caffeine free

refreshing drinks

Homemade Mango Lassi (F) 0,3 l.....	5,50
Iced Tea (Peach or black) 0,5 l	5,50
Hempdudler 0,5 l	5,50

Apple Juice / Orange Juice / Grape Juice 0,25 l.....	3,50
with Soda (0,5 l).....	4,00
Bitter Lemon / Tonic Water 0,2 l	3,50
Fentiman's Organic Tonic Water / Ginger Beer 0,125 l.....	4,50
Mineral water sparkling / still 0,25 l	3,50
Soda Lemon 0,5 l.....	3,50

All beers contain gluten (A).
All wines contain sulfites (O).
Oatmilk contains (A).
Soy milk contains Soy (F)

teas

SONNENTOR BIO TEA (0,4 l)

Green Tea	5,00
Herbal Tea	5,00
Alkaline Fruit Tea.....	5,00
Hemp-Hibiskus-Tea.....	5,00

HORNIG BIO TEA (0,4 l)..... 4,50

Fruit / Black / Peppermint
Herbal / Green / Chamomile

beer & wine

We serve beer and wine
like in the bar.
Here's a small selection :-)

On Tap

Schönramer Hell 0,3	4,00
Brauton Zwickl 0,3	4,50
Brauton Pale Ale 0,3.....	5,00
Trumer Hopfenspiel 0,3.....	4,50

Bottled

Schönramer Weissbier 0,5.....	5,00
Steiner Alcohol-free 0,5	5,00

House Wine Zweigelt, Weingut Haimer 1/8.. 3,50
Cuvée, Weingut Stiegelmar 1/8 4,50 |

House Wine Grüner Veltliner 1/8 3,50 || Weißburgunder Weingut Stiegelmar 1/8..... | 4,00 |

Prosecco 0,1	4,50
White Wine Spritz 1/4 l	4,00
Aperol/Campari Spritz 1/4 l	5,50
Aperol with Prosecco 1/4 l	6,00



DEN KOPF IN
DEN TEE STECKEN
vorgehensweise

gusta & hunger

all day breakfast

Croissant (wheat or spelt-quinoa) (A)	3,50
with portion of butter or apricot jam	4,50
with vegan egg spread and micro greens (A, F, H, M)	6,50

also available with fresh **sourdough bread** (A) or **Salzstangerl** (A)

DIY Granola-Bowl on stage	10,50
small portion	7,50

lunch & brunch

Pot of the week with crusty sourdough bread	7,50
small portion	6,00

Savoury Strudel with fresh Tofu-Soyghurt-Creme (A, F)	7,50
as a main dish with Coleslaw	10,50

Quiche of the day with Creme & Coleslaw (A, F, H, M)	10,50
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Hummus-Plate with sourdough bread, olive tapenade, oriental spice mix, olives, sun-dried tomatoes, micro-greens and salad garnish (A, N, M)	10,50
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Aubergine Tartare with roasted sourdough bread, pickles and pearl onions	10,50
small portion	8,50

Mixed plate of the day (Tapas-Plate) Mixed homemade specialties with salad garnish Let yourself be surprised (A, N, M)	14,50
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sweet & fruity

Sweet strudel of the day	6,00
with whipped cream & daily fruit special (A, H)	7,50
Dessert of the day (A, F, H)	5,50
Pumpkin seed baklava (A, H)	3,50
Austrian nut corner (A, H)	4,00



Where does it come from?

strudels, quiche, spreads, cremes und tapenades, lassis, compotes, and sweet specials are homemade.

Bread comes from the bakery Reichartseder right across the street.

allergene

A	Gluten
E	Erdnüsse
F	Sojabohnen
H	Schalenfrüchte
L	Sellerie
M	Senf
N	Sesamsamen
O	Schwefeloxid und Sulfite
P	Lupinen

Alle Preise in EURO inkl gesetzlicher Umsatzsteuer.

What else you can treat yourself to from ten to four:

News from Salzburg and Austria – delivered daily
Le Monde Diplomatique – new edition out in the middle of the month
SOS Mitmensch & DOSSIER & STRAPAZIN – roughly quarterly

Wi-Fi is of course available:
our password is salzburg2022

special requests:
veronikaz@academy-salzburg.at

**- 10% for students
and apprentices**
please tell before ordering

**what counts
from ten to four
(and beyond)**

People matter.
That's why there's no place here
for discriminatory, offensive,
or disrespectful behavior.

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Von Zehn bis Vier
@academy Café-Bar
Franz-Josef-Straße 4
5020 Salzburg
www.academy-salzburg.at

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